

A live, online  
and personal  
foot & ankle course

# WALANT

## MANAGEMENT COURSE



Technique,  
outcomes and global  
management



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Online Course



1 to 1 coaching



Video content

2021



**04oct**

Start of the course and  
access to the online modules:

**Week I - October 04th - 10th**

Review of scientific articles Walant -  
What is WALANT - How I perform the  
WALANTsolution

**Week II - October 11th - 17th**

Evidence-based medicine - Basic  
principles of WALANT anesthesia -  
Technique in forefoot surgery.

**Week III - October 18th - 24th**

Persuasion- Management -  
Implementation Plan - First cases

**Week IV - October 25th - 30th**

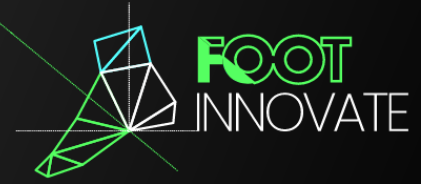
Satisfaction in WALANT surgery -  
"Limit" cases. - How to manage the  
initial resistance.

**Live Session November 3th**

aware.doctor

**One to one Coaching Sessions  
Starting from November 15th**

[www.aware.doctor](http://www.aware.doctor)



1

### TECHNIQUE

- What is WALANT technique and what are the applications in orthopaedic.
- How I perform the WALANT solution, basic pharmacology.
- Evidence-based medicine in WALANT.
- Basic principles of WALANT anesthesia, from skin to periosteum.
- Technique in forefoot surgery.
- Technique in peroneal tendons.
- Technique in Achilles surgery.
- Technique in ankle fractures.
- Complications and their management.

2

### MANAGEMENT

- Persuasion and change management in the surgical environment.
- Implementation plan for the WALANT technique where you work.
- First cases the most important.
- Satisfaction in WALANT surgery.
- "Limit" cases - Special situations.
- How to manage the initial resistance to the change.

3

### REVIEW

- Review of previous phases and complex cases in WALANT.
- Final test



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More info:  
<https://aware.doctor/producto/walant/>

